



PRELIMINARY PROGRAM

9th European Narcolepsy Day Montpellier, May 5-6th 2018

Pr Yves Dauvilliers, Reference National Center for Narcolepsy, Montpellier, France
Planned number of attendees: 200 persons

Saturday, May 5th Location: Old school of medicine, Montpellier

- 9:00-9:15 Registration
9:15-9:30 Welcome
- 9:30 -11:00 **Symposia 1:** Recent knowledges from Basic science (Tafti/Dauvilliers)
- Immune system and narcolepsy: Role of T cell: Ulf Kallweit, B Kornum
 - Animal models of narcolepsy: Role of hypocretin, amygdala and prefrontal cortex: Christelle Peyron (20 min) / M. Schmidt (20 min)
- Break : 15 min
- 11:15 -12:45 **Symposia 2:** Recent knowledges from clinical research: Narcolepsy is a hypothalamic disorder? (Bassetti/Lammers)
- Metabolism, obesity and eating behavior in narcolepsy: S Overeem (25 min)
 - Biomarkers (CSF, sera, DNA) in narcolepsy: M Tafti (25 min)
 - Biomarkers (Neurophysiology and neuroimaging): P Jennum (25 min)
- 12:45 -13:15 Brain bank plan, concept proposal and first data R Fronczek (20 min)
- 13:15-16:00: Lunch and Business Meeting EU-NN for EU-NN members
Database and related research projects
EU centers of excellence on narcolepsy
New Homepage
(14:00 Patient basic information session)
- 13:15-16:00 Free time/poster viewing/networking for participants
- In parallel: (Another room): Symposium for National and European Patients Narcolepsy Association***
- 16:00-18:00 **Symposia 3: Narcolepsy borderland** (Jennum/Plazzi)
- Narcolepsy and idiopathic hypersomnia:
- Current ICSD3 diagnostic criteria: Big limitations
Pro vs Con: GJ Lammers (con, 15 min) and I Arnulf (pro, 15 min)
- The Relationship between Sleepiness and Psychiatric Illness: M Lecendreux (15 min)
- Different phenotypes and clinical evolutions of narcolepsy: R Lopez (15 min)
- Consensus and perspectives on diagnostic tests / discussion: C Bassetti (15 min)
- 18:00-19:00 **Abstract Selection:** 3-4 communications of 10 minutes each (R Fronczek/ B Kornum)

Young scientist presentation: 3 communications of 10 min for the best abstracts

Symposia 4: Narcolepsy Year in review (G Mayer/ AWierzbicka)

Basic science: 30 min PH Luppi

Clinical research: 30 min F Pizza

19:00 : Optional : Visit of the anatomic museum (maximum: 2 or 3*20 peoples)

21:00 Dinner

Sunday, May 6 th: Location: Old school of medecine, Montpellier

Patients Association, Doctors, and Researchers altogether

9:00-10:00 **Symposia 5: Cognition and Psychosocial aspects in Narcolepsy** (L Barateau/ F Pizza)

Patient ' report : Find a patient to do so (15 min)

Cognitive and emotional problems in children: G Plazzi (20 min)

Cognitive and emotional problems in adults: G Mayer (20 min)

Break: 15 min

10:15 -11:45 **Symposia 6. Closing Symposia: Perspectives to improve care and quality of life in narcolepsy**
(Lecendreux/Sonka)

The Measurement of Sleepiness, other narcolepsy symptoms: Current and Potential Future Tools:

- Patient' perspectives: Find a patient to do so 15 min:
- Doctor' perspectives::
M Partinen (subjective measurement, 20 min) / R Khatami (objective measurement, 20 min)
- New drugs to improve narcolepsy and perspectives: Y Dauvilliers (20 min)

11:50-12:00 Young Scientist Award (Mayer)

12:00: 12:30 Summary of meeting and Future European Narcolepsy Days

12:30-14:00 *Lunch, Farewell*